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I am a citizen of planet Earth, just like you...doing the very best I can to make meaning out of life and to make a contribution to the betterment of others and the world itself.

I have compassionate understanding about all the challenges that people are going through, but I see so many new and exciting, hopeful possibilities of a new world emerging right in the midst of this old one.

We're at a time period right now where the accelerated change is dynamic and real. The question becomes, what do we do with that? How do we manifest this opportunity and turn it into something that's tangible and real for ourselves and then take that reality and make it real for everyone else as best we can? That is the big question. To do that requires something that we all have inside that we've always had inside that just needs a little dusting off brought to the forefront.

And that is heart.

The qualities of the heart. Love, care, kindness, compassion, appreciation, patience, tolerance, nonjudgment. The intuitive qualities of the heart access this larger field of information. It gives us insights into what we need to do, the next steps we need to take to help us make decisions big and small as we go through the game of life.

Global events, climate changes, social inequity and a lot more, along with our personal challenges can make it hard at times to see a better future. However, through the eyes of the heart and the elevated vibration that it opens us up to, I still see a new and better world emerging. Don't lose hope. Don't lose heart. Everything is as it should be and the evolutionary spiral continues to move upward even though it can be hard to see at times.

Love to you and to humanity and our planet.